

YMCA Flag Football 2010

Coaches Checklist

- Roster
- Rules
- Game Schedule
- Practice Times & Location
- Signed Coaches Contract
- Picture Schedule
- Practice Equipment
- Call ALL Kids on Roster
- Tell Parents:**
 - Who you are
 - Where is Practice
 - When is Practice
 - When are games
 - Where are games
 - Give website for easy access.
 - Get Emails
 - Jerseys are given out by 1st game.
 - Dress Comfortable
 - Tennis Shoes or cleats.
 - If we have bad weather call (405) 624-9622 and listen to message.
 - Can you bring any equipment to practice if you have some, if not the YMCA has some.
 - What size t-shirt (Double check).
Shirt order is going in quick
 - Is the phone number even working? LET ME KNOW ASAP,
Email me ASAP.
 - ASK IF THIS IS THE CORRECT PHONE #, get Cell.**
- 1st Practice**
 - Show up early.
 - Practice on the field designated.
 - Let kids come up with team name.
 - Make sure you drink water, remind them to bring water.
 - Ask them about schools, pets, siblings, family.
- Tell them about yourself, keep it short. LISTEN to them no matter how off the wall they are.
- Smile**
- GIVE HIGH FIVES!
- Have Fun!**
- Have Parent's Sign up for snacks.
- Get a Team Parent!
- Give parents schedules, and picture times, and forms.
- Remind them they don't need to spend money on awards. YMCA gives each kid a certificate.
- 1st Game**
 - Call your parents to remind them of games!**
 - I will give you shirts by first game.
 - Give shirts to kids.
 - Show up early; make sure you don't interfere with games that are already being played. Keep kids out of the way.
 - Introduce your self to ref.
 - Don't Stress out, this is not the Super Bowl, the kids will do all the work.
 - Just let them play, and then offer advice on things you see.
 - DON'T YELL
 - Always be positive to the kids, parents, coaches and refs.
- End of Season**
 - I will give you awards and pictures in a packet by the last game for each kid and awards for you!
 - If your parents get extra awards, you must hand those out away from fields.